



Upperman High May Breakfast
Breakfast

Putnam County School District

Mon	Tue	Wed	Thu	Fri
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Main Entree Bacon, Egg & Cheese English Muffin 2oz Cocoa Puff Cereal 2oz Lucky Charms Cereal 2oz Cinnamon Toast Crunch Cereal Grain Cinnamon Toast Blueberry Muffin Chocolate Chip Muffin Fruit Whole Banana Canned Mandarin Oranges Fruit Juice Grape Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk Meat/Meat Alternate Strawberry Yogurt	Main Entree Breakfast Pizza 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup Grain Cinnamon Toast Fruit Sliced Orange Canned Applesauce Fruit Juice Blue Raspberry Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk	Main Entree Sausage Biscuit 2oz Lucky Charms Cereal 2oz Honey Nut Cheerio Cereal Grain Plain Biscuit Blueberry Muffin Chocolate Chip Muffin Fruit Pineapple Tidbits Gala Apple Slices Fruit Juice Fruit Punch Juice Grape Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Condiments Strawberry Jelly Grape Jelly Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Biscuit with Peppered Gravy 2oz Cocoa Puff Cereal 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup Grain Plain Biscuit Blueberry Muffin Chocolate Chip Muffin Fruit Sliced Orange Canned Applesauce Fruit Juice Orange Tangerine Juice Apple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Powdered Donut Holes Strawberry Cream Cheese Mini Bagel Cinnamon Crumb Loaf 2oz Blueberry Chex Cereal Cup 2oz Lucky Charms Cereal Grain Granola Fruit Pineapple Tidbits Gala Apple Slices Canned Applesauce Fruit Juice Orange Tangerine Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt



Mon	Tue	Wed	Thu	Fri
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Main Entree Breakfast Pizza 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup Grain Cinnamon Toast Fruit Whole Banana Canned Fruit Cocktail Fruit Juice Fruit Punch Juice Grape Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk	Main Entree Burrito Egg, Sausage, Cheese Hadley Farms Iced Cinnamon Roll 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup 2oz Cocoa Puff Cereal Fruit Frozen Wild Blueberries Canned Mandarin Oranges Gala Apple Slices Fruit Juice Orange Pineapple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk	Main Entree Sausage Biscuit 2oz Lucky Charms Cereal 2oz Honey Nut Cheerio Cereal Grain Plain Biscuit Blueberry Muffin Chocolate Chip Muffin Fruit Pineapple Tidbits Gala Apple Slices Fruit Juice Fruit Punch Juice Grape Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Condiments Grape Jelly Strawberry Jelly Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Biscuit with Peppered Gravy French Toast Sticks 2oz Cocoa Puff Cereal 2oz Cinnamon Toast Crunch Cereal Mini Cinnis Grain Blueberry Muffin Chocolate Chip Muffin Plain Biscuit Cinnamon Toast Fruit Sliced Orange Fruit Juice Orange Tangerine Juice Apple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Powdered Donut Holes Strawberry Cream Cheese Mini Bagel Cinnamon Crumb Loaf 2oz Blueberry Chex Cereal Cup 2oz Lucky Charms Cereal Grain Granola Fruit Pineapple Tidbits Gala Apple Slices Canned Applesauce Fruit Juice Orange Tangerine Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt



Mon	Tue	Wed	Thu	Fri
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Main Entree Breakfast Pizza 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup Grain Cinnamon Toast Fruit Whole Banana Canned Fruit Cocktail Fruit Juice Fruit Punch Juice Grape Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk	Main Entree Burrito Egg, Sausage, Cheese Hadley Farms Iced Cinnamon Roll 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup 2oz Cocoa Puff Cereal Fruit Frozen Wild Blueberries Canned Mandarin Oranges Fruit Juice Orange Pineapple Juice Apple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk	Main Entree Sausage Biscuit 2oz Lucky Charms Cereal 2oz Honey Nut Cheerio Cereal Grain Plain Biscuit Blueberry Muffin Chocolate Chip Muffin Fruit Pineapple Tidbits Gala Apple Slices Fruit Juice Fruit Punch Juice Grape Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Condiments Grape Jelly Strawberry Jelly Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Biscuit & Country Gravy 2oz Cocoa Puff Cereal 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup Grain Plain Biscuit Blueberry Muffin Chocolate Chip Muffin Fruit Sliced Orange Canned Applesauce Fruit Juice Orange Tangerine Juice Apple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Powdered Donut Holes Strawberry Cream Cheese Mini Bagel Cinnamon Crumb Loaf 2oz Blueberry Chex Cereal Cup 2oz Lucky Charms Cereal Grain Granola Fruit Pineapple Tidbits Gala Apple Slices Canned Applesauce Fruit Juice Orange Tangerine Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt



Mon	Tue	Wed	Thu	Fri
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Main Entree Biscuit with Peppered Gravy French Toast Sticks 2oz Cocoa Puff Cereal 2oz Cinnamon Toast Crunch Cereal Grain Blueberry Muffin Chocolate Chip Muffin Plain Biscuit Cinnamon Toast Fruit Sliced Orange Fruit Juice Orange Tangerine Juice Apple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Condiments Breakfast Syrup Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Powdered Donut Holes Strawberry Cream Cheese Mini Bagel Cinnamon Crumb Loaf 2oz Blueberry Chex Cereal Cup 2oz Lucky Charms Cereal Grain Granola Fruit Pineapple Tidbits Gala Apple Slices Canned Applesauce Fruit Juice Orange Tangerine Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk Meat/Meat Alternate Strawberry Banana Yogurt	Main Entree Burrito Egg, Sausage, Cheese Hadley Farms Iced Cinnamon Roll 2oz Cinnamon Toast Crunch Cereal 2oz Blueberry Chex Cereal Cup 2oz Cocoa Puff Cereal Fruit Frozen Wild Blueberries Canned Mandarin Oranges Fruit Juice Orange Pineapple Juice Apple Juice Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk 1% Lowfat Chocolate Milk - Bulk		10am Dismissal Main Entree 2oz Cinnamon Toast Crunch Cereal 2oz Lucky Charms Cereal Strawberry Cream Cheese Mini Bagel Fruit Pineapple Tidbits Gala Apple Slices Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk



Upperman High May Lunch
Lunch

Putnam County School District

Mon	Tue	Wed	Thu	Fri
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Main Entree Bosco Sticks Hot & Spicy Chicken Sandwich Grape PBJ Grab & Go Lunch Kit Yogurt Grab & Go Lunch Kit	Main Entree Cheesy Potato Soup w/Roll Honey BBQ Rib Sandwich Chicken Salad Croissant sandwich	Main Entree Bosco Sticks Chicken Tenders w/Roll Honey BBQ Rib Sandwich	Main Entree Stuffed Crust Pepperoni Pizza Chicken Sliders Chicken Drumstick or Thigh w/Roll	Main Entree Beef Hamburger Cheeseburger Hot & Spicy Chicken Sandwich Large Grape PBJ Uncrustable
Vegetable Cross Trax Sweet Potato Fries Fresh Steamed Broccoli Red Gold - Marinara Sauce Cup Sandwich Trimmings w/ Pickles	Vegetable Cross Trax Sweet Potato Fries Whole Kernel Corn Fresh Broccoli	Vegetable Creamed Potatoes Seasoned Green Beans Fresh Sliced Cucumbers Red Gold - Marinara Sauce Cup	Vegetable Ranch Mini Roasted Potatoes Baby Carrots Sandwich Trimmings w/ Pickles	Vegetable Onion Rings Bush's Baked Beans Sandwich Trimmings w/ Pickles
Fruit Whole Banana Canned Mandarin Oranges	Fruit Gold Delicious Apple Frozen Peach Cup	Fruit Frozen Wild Blueberries Canned Applesauce	Fruit Sliced Orange Pineapple Tidbits	Fruit Gala Apple Slices
Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk	Milk 8oz 1% Unflavored Milk 8oz TruMoo Fat Free Chocolate Milk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Fruit Juice Concord Berry Slush Stars & Stripes Sidekick
Condiments Ketchup Mustard Reduced Calorie Mayonnaise	Condiments Housemade BBQ Sauce Housemade Ranch Dressing Sour Cream	Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise	Condiments Housemade Ranch Dressing Ketchup Reduced Calorie Mayonnaise Mustard BBQ Sauce	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk
				Condiments Ketchup Mustard BBQ Sauce Reduced Calorie Mayonnaise



Mon	Tue	Wed	Thu	Fri
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Main Entree Bosco Sticks Spicy Chicken Wrap Grape PBJ Grab & Go Lunch Kit Turkey & Cheese Sub Grab & Go Lunch Kit 1	Main Entree Chicken Tenders w/Roll Salisbury Steak & Gravy w/Roll Chicken Salad Croissant sandwich Papa John's Cheese Pizza Papa John's Pepperoni Pizza	Main Entree Stuffed Crust Pepperoni Pizza Pulled BBQ Chicken Sandwich Grape PBJ Grab & Go Lunch Kit Turkey & Cheese Sub Grab & Go Lunch Kit 1	Main Entree Honey BBQ Rib Sandwich General TSO's Chicken Chicken Chili Crispos	Main Entree Beef Hamburger Cheeseburger Hot & Spicy Chicken Sandwich Large Grape PBJ Uncrustable
Vegetable Cross Trax Sweet Potato Fries Fresh Steamed Broccoli Red Gold - Marinara Sauce Cup Sandwich Trimmings w/ Pickles	Vegetable Creamed Potatoes Whole Kernel Corn Baby Carrots	Vegetable Seasoned Green Beans Baby Carrots & Celery Sticks Sandwich Trimmings w/ Pickles	Vegetable Buttered Baby Carrots Fresh Sliced Cucumbers	Vegetable Crinkle Cut French Fries Bush's Baked Beans Sandwich Trimmings w/ Pickles
Fruit Gala Apple Slices Frozen Peach Cup	Fruit Whole Banana Canned Mandarin Oranges	Fruit Frozen Wild Blueberries Canned Fruit Cocktail	Fruit Pineapple Tidbits Frozen Strawberry Cup	Fruit Fresh Sliced Orange
Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk
Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise	Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise BBQ Sauce	Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise	Condiments Housemade Ranch Dressing BBQ Sauce Sour Cream Pickle Slices	Condiments Ketchup Reduced Calorie Mayonnaise Mustard BBQ Sauce



Mon	Tue	Wed	Thu	Fri
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Main Entree Meaty & Cheesy Nachos Bosco Sticks Grape PBJ Grab & Go Lunch Kit	Main Entree Chicken Drumstick or Thigh w/Roll General TSO's Chicken Grape PBJ Grab & Go Lunch Kit	Main Entree Chicken Chunks w/Roll Honey BBQ Rib Sandwich Turkey & Cheese Sub Grab & Go Lunch Kit 1	Main Entree Stuffed Crust Pepperoni Pizza Turkey Wrap Chicken Salad Croissant sandwich	Main Entree Beef Hamburger Cheeseburger Hot & Spicy Chicken Sandwich Large Grape PBJ Uncrustable
Grain Cheesy Fiesta Rice	Grain Rice	Vegetable Creamed Potatoes Seasoned Green Peas	Vegetable Triangle Taters Baby Carrots Sandwich Trimmings w/ Pickles Seasoned Green Beans	Vegetable Crinkle Cut French Fries Bush's Baked Beans Sandwich Trimmings w/ Pickles
Vegetable Seasoned Black Beans Salsa Cup Red Gold - Marinara Sauce Cup Taco/Nacho Trimmings	Vegetable Ranch Mini Roasted Potatoes Whole Kernel Corn	Fruit Canned Applesauce Frozen Strawberry Cup	Fruit Pineapple Tidbits Sliced Orange	Fruit Gala Apple Slices
Fruit Pineapple Tidbits Frozen Peach Cup	Fruit Whole Banana Canned Fruit Cocktail	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Fruit Juice Concord Berry Slush
Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk	Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise BBQ Sauce	Condiments Housemade Ranch Dressing Ketchup Reduced Calorie Mayonnaise BBQ Sauce	Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk
Condiments Taco Sauce Sour Cream	Condiments Ketchup BBQ Sauce			Condiments Ketchup Reduced Calorie Mayonnaise Mustard BBQ Sauce



Mon	Tue	Wed	Thu	Fri
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Main Entree Bosco Sticks Grape PBJ Grab & Go Lunch Kit Vegetable Cross Trax Sweet Potato Fries Fresh Steamed Broccoli Red Gold - Marinara Sauce Cup Sandwich Trimmings w/ Pickles Fruit Gala Apple Slices Frozen Strawberry Cup Milk 1% Lowfat Chocolate Milk - Bulk 8oz 1% Unflavored Milk Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise	Main Entree Stuffed Crust Pepperoni Pizza Large Grape PBJ Uncrustable Honey BBQ Rib Sandwich Vegetable Creamed Potatoes Seasoned Green Beans Baby Carrots Sandwich Trimmings w/ Pickles Fruit Sliced Orange Frozen Peach Cup Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk Condiments Housemade Ranch Dressing Housemade Honey Mustard Dressing Ketchup Reduced Calorie Mayonnaise	Main Entree Beef Hamburger Cheeseburger Hot & Spicy Chicken Sandwich Large Grape PBJ Uncrustable Vegetable Crinkle Cut French Fries Bush's Baked Beans Sandwich Trimmings w/ Pickles Fruit Gala Apple Slices Fruit Juice Concord Berry Slush Stars & Stripes Sidekick Milk 8oz 1% Unflavored Milk 1% Lowfat Chocolate Milk - Bulk Condiments Ketchup Reduced Calorie Mayonnaise Mustard		

FILTERS	
Name(s)	Value(s)
Buildings	(Upperman High School)
Date Range	(Start = 4/28/2024, End = 5/25/2024)
Menu Plan	(Upperman High May Breakfast, Upperman High May Lunch)